

Guidelines for COVID-19 Symptoms or Positive Test

Edgecombe Community College

Please **stay home** if you have any symptoms.

Know the Symptoms

- Congestion or runny nose
- Cough
- Fever or chills
- Headache
- Shortness of breath or difficulty breathing
- Muscle pain
- Sore throat
- New loss of taste or smell
- Fatigue
- Nausea or vomiting
- Diarrhea

Contact Your Healthcare Provider

- Anyone with more serious symptoms should seek medical attention immediately by calling their doctor or 911 right away.
- To determine if you need a test for COVID-19 visit: www.ncdhhs.gov/symptoms
- More serious symptoms can include trouble breathing, persistent pain or pressure in the chest, new confusion or inability to arouse, or bluish lips or face.
- For testing sites in your county visit:
covid19.ncdhhs.gov/about-covid-19/testing/find-my-testing-place

Notify a College Official

- Notify a College Official (Instructor, Advisor, or Staff) so the College can assist in the appropriate response to address health and educational needs.
- Such info is disclosed only to responsible institutional officials (VP of Student Services or Director of Human Resources) on a strictly limited, need-to-know basis, unless the individuals consent in writing to other releases of the information.
- The College is obligated by law to disclose to public health officials information about all confirmed cases of reportable communicable diseases.

Stay in Touch

- Be sure to remain in as regular contact with your instructors as possible.
- Edgecombe Community College is here to help!

Stay Home But Stay In Touch
For more information call (252) 823-5166 or visit
edgecombe.edu/coronavirus-response
#StopTheSpread